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# POM' DAUPHINE ±15g/pce

Prefried and frozen

A delicious speciality made from mashed potatoes, eggs and flour.



### Average nutritional values per 100 g of frozen product

290 kcal (1200 kJ)

Protein 5 g  
Carbohydrate 25 g  
Total fat 19 g

7 languages



code EAN13 (bag)

code EAN14 (box)



FR/NL/DE/  
UK/IT/ES/PT

1 kg

6 x 1 kg

54 10376 911018

1 54 10376 911015

8 x 9

**Ingredients:** mashed potatoes, eggs, vegetable oil, wheat flour, wheat starch, salt, spices, dextrose.  
*The product contains eggs and gluten.*



**Preparation** (cook from frozen):

**IN DE OVEN** (\*): Pre-heat the oven to 200°C. Place the frozen Dauphine Potatoes on a baking tray. Place in the middle of the oven and bake for 10 to 15 minutes. (\*) Preparation times can vary slightly according to the type of your oven. **IN DE FRITEUSE** (alternative preparation): fry the frozen Dauphine Potatoes in hot oil at 175°C for about 3-4 minutes. Drain and serve immediately.



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Lutosa, Potatoes chosen with Vision,  
prepared with Pride