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FRENCH FRIES 10/10 mm

prefried and frozen

The classic French fry.
Crispy on the outside
and deliciously tender
on the inside.



Average nutritional values per 100 g of frozen product

150 kcal / 632,5 kJ

Protein 2,5 g
Carbohydrate 26 g
Total fat 4 g

Languages



code EAN13 (bag)

code EAN14 (box)



FR/NL/DE/UK/ES/PT/IT

1 kg

10 x 1 kg

54 10376 92202 1

1 54 10376 92202 8

7 x 9

FR/NL

2,5 kg

4x 2,5 kg

54 10376 02205 9

1 54 10376 02205 6

Ingredients: potatoes, vegetable oil, dextrose.



Preparation (cook from frozen):

IN THE FRYER: half-fill the basket with French fries and fry them during 3 to 4 minutes in pre-heated oil at 175°C/350°F. Drain and serve. **IN THE OVEN (*)**: pre-heat the oven to 200°C/390°F. Spread a single layer of French fries on a baking tray. Cook for 10 to 15 minutes until the French fries are golden brown. Turn them halfway the cooking time. **Under the grill (*)**: the same, but 10 to 12 min is enough.

(*) Cooking time can vary slightly according to the type of your oven.

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Lutosa, Potatoes chosen with Vision,
prepared with Pride