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# RÖSTIS VEGETABLES ± 25 g/pce

prefried and frozen

Oval cakes of grated potato, with delicious vegetables: carrots, peas and baby green beans.



### Average nutritional values per 100 g of frozen product

115 kcal (482,5 kJ)

Protein 2 g  
Carbohydrate 15,5 g  
Total fat 5 g

7 languages



code EAN13 (bag)

code EAN14 (box)



FR/NL/DE/  
UK/IT/ES/PT

750 g

12 x 750 g

54 10376 47702 6

1 54 10376 47702 3

7 x 9

**Ingredients:** pre-cooked shredded potatoes (65%), vegetables (min. 25%): carrots – green beans – peas, vegetable oil, potato flakes, salt, aromas, stabilizer E461, spices, wheat flour, milk powder, celery.

*Contains derivatives of milk, wheat and celery. May contain traces of peanuts.*

*Manufactured in a factory where derivatives of eggs, soya and metabisulphite are used.*



**Preparation** (cook from frozen):



**IN THE FRYING PAN:** Heat a little oil or butter and fry the Röstis for 4 to 5 minutes and then fry the other side for 6 to 9 minutes. **IN THE FRYER** (maximum 10 Röstis at once): fry during 3 to 4 minutes in hot oil of 175°C. Drain and serve. **IN THE OVEN** (\*): pre-heat oven to 200°C. Spread one layer of Röstis on a baking tray and cook for about 15 minutes until golden brown, turning them halfway through cooking. **OPTION GRILL OF THE OVEN** (\*): same, but 12 minutes is sufficient. (\*) Cooking times can vary slightly according to the type of your oven.



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Lutosa, Potatoes chosen with Vision,  
prepared with Pride