



# Bintje Mashed Potatoes

Frozen

Just like the home-made version, prepared with delicious Bintje potatoes, salt, pepper and nutmeg.



## Average nutritional values per 100 g of frozen product

339 kJ (80 kcal)

Protein	2 g
Carbohydrate	17,5 g
Fat	0,2 g

22 languages



code EAN13 (bag)

code EAN14 (box)

FR/NL/DE/UK/IT/ES/DK/SE/  
EL/BG/CZ/HU/PL/SK/HR/PT/  
UA/TR/ARAB/JP/RU/CN

2,5 kg

4 x 2,5 kg

54 10376 711700

0 54 10376 711694

**Ingredients:** potatoes, water, salt, pepper, nutmeg, emulsifier E471, spice (curcuma).

*Manufactured in a factory where derivatives of wheat, eggs, milk, soya, celery and metabisulphite are used.*



*Cook from frozen.*

**IN A SAUCEPAN** (for 1 kg of frozen mashed potatoes): add about 250 to 300 ml of water or milk and heat 8 to 10 minutes while stirring continuously.

**IN A MICROWAVE OVEN** (for 1 kg of frozen mashed potatoes): add about 200 to 250 ml of water or milk and heat 10 to 16 minutes and stir halfway through cooking.

**IN A COMBI STEAMER** (for 2,5 kg of frozen mashed potatoes): heat 10 to 12 minutes at 100°C (position "steam"). Stir before serving.



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**Lutosa, Potatoes chosen with vision,  
prepared with pride**